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Tesi di Dottorato

Relationship between peri-coronary adipose tissue, coronary atherosclerotic burden and coronary vascular function by ⁸²Rb PET/CT imaging in patients with suspected coronary artery disease and normal MPI

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Summary

Aims Peri-coronary adipose tissue, of coronary atherosclerosis, by releasing . We evaluated the relationship between pericoronary fat thickness (PCFT), coronary artery calcium (CAC), myocardial blood flow (MBF) and myocardial perfusion reserve (MPR), in patients with suspected (CAD) and normal . (MPI). Methods We studied 640 patients without overt CAD and with normal rest-stress ⁸²Rb PET/CT MPI. MPR was considered reduced when < 2. CAC score was categorized as 0, < 400 or \geq 400. PCFT was calculated on CT images as the maximum fat thickness (mm) between heart surface and visceral epicardium surrounding the main coronary arteries. Patients were stratified for body max index (BMI 30 kg/m²).

Results Patients with MPR < 2 were significantly **1**, had higher prevalence of hypertension, **1** and CAC \geq 400, and showed significantly lower **MBF** and higher **1** values compared to those with normal MPR (all *p* < 0.001). Hyperemic MBF, MPR and PCFT values were **1 1** of CAC (all *p* for trend < 0.001). In patients with **1** 0 and with **1 1** for trend < 0.001). In patients with **1** 0 and with **1 1** those with reduced MPR had **1** PCFT values than those with normal MPR (p < 0.001 and p 0.004, respectively).

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Conclusion In patients with suspected CAD and normal stress MPI,						
and coronary	ourden are related to blunted hyperemic					
MBF and MPR. In patients with low	PCFT was in patients					
with MPR. PCFT could help						
vascular dysfunction.						

Introduction





Methods

Patients

The cohort study included consecutive patients undergoing stress-rest 82Rb PET/CT as part of their diagnostic work-up. For the purpose of the present investigation, patients with known CAD and 93 with myocardial . Final population included patients with perfusion imaging were normal MPI. For each patient the presence of coronary risk factors was noted. Arterial hypertension was defined as repeated blood pressure (BP) measurements of ≥140 mmHg systolic and/or ≥90 mmHg diastolic and/or intake of antihypertensive medications [16]. Diabetes was defined when the patients had any one of the criteria as follows: fasting blood glucose $\geq 126 \text{ mg/dL}$, random blood glucose $\geq 200 \text{ mg/dL}$, blood glucose $\geq 200 \text{ mg/dL} 2 \text{ h}$ after a 75 g oral glucose tolerance test within the past 3 months, currently taking drugs to treat hyperglycemia, or prior medical diagnosis of diabetes. Hypercholesterolemia was defined as total cholesterol level >6.2 mmol/L or treatment with cholesterol lowering medication. A positive family history of CAD was defined by the presence of disease in first-degree relatives younger than 55 years in men or 65 years in women. Based on body mass index (BMI), patients were categorized as obese (≥ 30 kg/m₂) or non-obese (< 30 kg/m₂). Patients were defined as symptomatic if they reported atypical angina and/or shortness of breath. This study complies with the declaration of Helsinki.

PET/CT imaging

As a routine preparation for ⁸²Rb cardiac PET/CT, patients were to taking nitrates for 6 h, calcium channel blockers and methylxanthine containing foods or beverages for 24 hours, and beta-blockers for 48 h before their appointment. Scans were acquired using a Biograph mCT 64-slice scanner (Siemens Healthcare). Rest and stress cardiac PET/CT images were acquired as follows: scout CT was performed to check patient position and low-dose CT (0.4 mSv; 120 kVp; effective tube current, 26 mA [11-mAs quality reference]; 3.3 seconds) was performed for attenuation correction, during normal breathing before and after PET acquisitions. For both rest and stress images 1110 MBq of ⁸²Rb was injected intravenously with a 7-minute list-mode PET acquisition. Dynamic PET acquisition was started at rest followed by adenosine pharmacologic stress pharmacologic stress (140 µg·kg-1·min-1 for 4.5 minutes, with tracer administration between 2 and 2.5 minutes). Rest and stress dynamic images were reconstructed into 26-time frames (12×5 seconds, 6×10 seconds, 4×20 seconds, and 4×40 seconds; total, 6 minutes) using the vendor standard ordered subsets expectation maximization 3D reconstruction (2 iterations, 24 subsets) with 6.5-mm Gaussian post-processing filter. In addition, the images

were corrected for attenuation using the low-dose CT. The heart rate, systemic BP, and 12- lead ECG were recorded at baseline and throughout the infusion of adenosine. External cardiac work was estimated as rate-pressure product and was calculated as heart rate × systolic arterial BP. Myocardial perfusion scores were calculated using an automated software (QPS, Cedars-Sinai Medical Center, Los Angeles, CA, USA). Regional myocardial perfusion was evaluated using standardized segmentation of 17 myocardial regions [17]. Each myocardial segment was scored from normal (score = 0) to absent perfusion (score = 4). The summed stress score was obtained by adding the scores of the 17 segments of the stress images. The same procedure was applied to the resting images to calculate the summed rest score. The summed difference score was defined as the difference between the stress and rest scores. Myocardial perfusion was considered abnormal when the summed stress score was \geq 3. Absolute MBF (in $mL \times min^{-1} \times g^{-1}$) was computed from the dynamic rest and stress imaging series with commercially available software (Siemens Syngo Dynamic PET) [18]. MPR was defined as the ratio of hyperemic to baseline MBF and was considered reduced when < 2 [19]. The MPR values were calculated using baseline MBF corrected for rate-pressure product.

Coronary calcification was defined as a plaque with an area of 1.03 mm^2 and a density ≥ 130 HU. CAC scores were calculated according to the method described by Agatston et al. [20]. Experienced nuclear medicine physicians

analyzed the CT studies, blinded to the PET results (Syngo Multimodality Workplace; Siemens). CAC scores were calculated separately for the left anterior descending, left circumflex, and right coronary arteries and summed to provide a total CAC score. The CAC score was categorized as 0, < 400 or ≥ 400 . PCFT was calculated on axial views of CT scans as the maximum fat thickness (mm) between the surface of the heart and the visceral epicardium surrounding the three coronary arteries and the mean value was used for analyses, according to the method described by Gorter et al. [21].

Statistical analysis

Continuous variables are expressed as mean \pm standard deviation and categorical data as percentages. A student two-sample *t* test and $\chi 2$ test were used to compare the differences in continuous and categorical variables, respectively. A *p* value < 0.05 (two-sided) was considered significant. Univariable and multivariable linear regression analyses were performed to evaluate the relationship among coronary vascular function parameters and cardiac risk factors, PCFT and CAC score categories. Only variables showing a *p* value < 0.05 at univariable analysis were considered for multivariable analysis. Differences in MBF, MPR, and PCFT across levels of age and CAC score categories were assessed using one-way ANOVA. Paired post hoc comparisons were performed with Bonferroni

correction. All the analyses were performed using STATA version 14.0 for Windows (StataCorp LP, College Station, TX).

Results

Clinical characteristic and imaging findings according to MPR



Predictors of coronary vascular function

Linear regression analysis using MPR as dependent variable is shown in Table 2. In the univariable analysis age (p < 0.001), **(p < 0.001**), diabetes (p < 0.001), hypercholesterolemia (p = 0.04), **(p < 0.001**), and **(p < 0.001**) were significant predictors of reduced MPR. In the multivariable analysis **(p < 0.001**), hypertension (p = 0.02), diabetes (p < 0.001), **(p = 0.02**), and **(p = 0.006**) were independent predictors of reduced MPR. Linear regression analysis using hyperemic MBF as



Relationship of coronary vascular function, CAC score and PCFT





Discussion









Conclusion



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	All patients $(n = 640)$	MPR < 2 ($n = 130$)	MPR > 2 ($n = 510$)	p value
Age (years)	60 ± 13	64 ± 13	59 ± 13	< 0.001
Male gender	307 (48)	62 (48)	245 (48)	1.00
BMI (kg/m^2)	30.6 ± 6.7	30.5 ± 7	30.7 ± 6.7	0.82
BMI \ge 30 kg/m ²	313 (49)	63 (48)	250 (49)	0.91
Hypertension	505 (79)	121 (93)	384 (75)	< 0.001
Diabetes	170 (27)	61 (47)	109 (21)	< 0.001
Hypercholesterolemia	462 (72)	101 (78)	361 (71)	0.13
Smoking history	205 (32)	41 (31)	164 (32)	0.92
Family history of CAD	286 (45)	54 (41)	232 (45)	0.43
Symptoms	465 (73)	81 (62)	384 (75)	< 0.005
Baseline MBF (mL/min/g)	1.07 ± 0.25	1.09 ± 0.2	1.06 ± 0.26	0.09
Hyperemic MBF (mL/min/g)	2.7 ± 0.78	1.97 ± 0.65	2.89 ± 0.7	< 0.001
PCFT (mm)	11 ± 2	12.1 ± 2.2	10.9 ± 1.9	< 0.001
CAC score categories				< 0.001
0	328 (51)	43 (33)	285 (56)	
< 400	166 (26)	35 (27)	131 (26)	
\geq 400	146 (23)	52 (40)	94 (18)	

Table 1 Clinical characteristics and imaging findings of patients according to MPR

Values are expressed as mean value \pm standard deviation or as number (percentage) of subjects.

BMI, body mass index; CAC, coronary artery calcium; CAD, coronary artery disease; MBF, myocardial blood flow; MPR, myocardial perfusion reserve; PCFT, peri-coronary fat thickness.

	Univariable analysis			Multivariable analysis		
	β coefficient	SE	p value	β coefficient	SE	p value
Age	-0.276	0.002	< 0.001	-0.203	0.002	< 0.001
Male gender	0.071	0.063	0.07			
BMI	0.006	0.004	0.88			
Hypertension	-0.172	0.072	< 0.001	-0.087	0.072	0.02
Diabetes	-0.188	0.067	< 0.001	-0.15	0.066	< 0.001
Hypercholesterolemia	-0.081	0.067	0.04	0.043	0.066	0.28
Smoking history	-0.006	0.064	0.89			
Family history of CAD	0.059	0.06	0.14			
CAC score \geq 400	-0.207	0.07	< 0.001	-0.095	0.071	0.02
PCFT	-0.207	0.014	< 0.001	-0.107	0.014	0.006

Table 2 Linear regression analysis with MPR as dependent variable

BMI, body mass index; CAD, coronary artery disease; CAC, coronary artery calcium; MPR, myocardial perfusion reserve; PCFT, peri-coronary fat thickness.

	Univariable analysis			Multivariable analysis		
	β coefficient	SE	p value	β coefficient	SE	p value
Age	-0.219	0.002	< 0.001	-0.121	0.002	0.003
Male gender	-0.077	0.062	0.06			
BMI	0.025	0.005	0.53			
Hypertension	-0.215	0.074	< 0.001	-0.088	0.072	< 0.001
Diabetes	-0.135	0.069	< 0.001	-0.085	0.067	0.03
Hypercholesterolemia	-0.103	0.067	0.13			
Smoking history	-0.039	0.066	0.33			
Family history of CAD	0.089	0.062	0.02	0.046	0.059	0.22
CAC score \geq 400	-0.206	0.07	< 0.001	-0.117	0.075	0.004
PCFT	-0.176	0.015	< 0.001	-0.08	0.015	0.04

Table 3 Linear regression analysis with hyperemic MBF as dependent variable

BMI, body mass index; CAD, coronary artery disease; CAC, coronary artery calcium; MBF, myocardial blood flow; PCFT, peri-coronary fat thickness.

		<i>p</i> value for trend		
	0	< 400	\geq 400	
All patients ($n = 640$)	328 (51%)	166 (26%)	146 (23%)	
Baseline MBF (mL/min/g)	1.08 ± 0.28	1.05 ± 0.26	1.07 ± 0.29	0.35
Hyperemic MBF (mL/min/g)	2.88 ± 0.79	2.6 ± 0.7	2.41 ± 0.72	< 0.001
MPR	2.74 ± 0.75	2.54 ± 0.74	2.3 ± 0.68	< 0.001
PCFT (mm)	10.7 ± 2	11.27 ± 2	12 ± 1.89	< 0.001
Patients stratified by BMI				
BMI < 30 kg/m ² ($n = 327$)	149 (45%)	94 (29%)	84 (26%)	
Baseline MBF (mL/min/g)	1.07 ± 0.28	1.04 ± 0.26	1.06 ± 0.28	0.47
Hyperemic MBF (mL/min/g)	2.95 ± 0.75	2.57 ± 0.7	2.35 ± 0.79	< 0.001
MPR	2.87 ± 0.78	2.53 ± 0.72	2.23 ± 0.7	< 0.001
PCFT (mm)	10.07 ± 1.79	10.93 ± 1.92	11.49 ± 1.67	< 0.001
BMI \ge 30 kg/m ² (<i>n</i> = 313)	179 (57%)	72 (23%)	62 (20%)	
Baseline MBF (mL/min/g)	1.09 ± 0.28	1.05 ± 0.25	1.09 ± 0.31	0.78
Hyperemic MBF (mL/min/g)	2.84 ± 0.83	2.64 ± 0.72	2.49 ± 0.63	0.006
MPR	2.64 ± 0.72	2.54 ± 0.78	2.39 ± 0.6	0.06
PCFT (mm)	11.23 ± 2.07	11.73 ± 2.13	12.55 ± 2.02	< 0.001

Table 4 MPR, MBF and PCFT in relation to CAC score in all patients and in subpopulations stratified by body mass index

BMI, body mass index; CAC, coronary artery calcium; MBF, myocardial blood flow; MPR, myocardial perfusion reserve; PCFT, peri-coronary fat thickness

Figure Legends









